

Signs & Symptoms of Parkinson's Disease

Parkinson's disease (PD) is a chronic and progressive movement disorder. Generally, sufferers lose control over their range of motion which gets worse over time.

The good news is that Parkinson's can be managed. Many people live with it for decades.

Before the classic symptoms of tremors and gait instability appear, PD might be diagnosable allowing **for earlier intervention** and amelioration of disease symptoms.

For diagnosis, doctors look for at least four motor symptoms.

If you or a loved one has any of these symptoms, it might be worth a visit to a geriatric doctor.

Common Symptoms include:

Tremors (hands, legs, arms, jaw, face)	Balance problems	Stiff limbs
Slowness of movement	Loss of coordination	Muscle pain
Low blood pressure	Dizziness	Fatigue
Difficulty swallowing	Speech problems	Freeze attacks
Shuffle in gait	Anxiety	Dementia
Erectile & urinary dysfunction	Depression	Constipation

Symptoms can vary from person to person.

Warning signs can appear up to five years earlier.

Possible Pre-Diagnostic Symptoms:

Minor changes in cognitive ability	REM sleep behavior disorder	Loss of sense of smell
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