



Resources for Caregivers

Agency/Organization/Link	Caregiver Service Description
AARP www.aarp.org/	Largest association for older Americans over 50. Includes information on all topics ranging from health, finances, caregiving, and residences for retirees.
Aging Life Care Association (ALCA) www.aginglifecare.org	Organization of geriatric care managers who provide all types of support services to families with care recipients. (Formally National Association of Geriatric Care Managers NAPGCM)
Administration for Community Living www.acl.gov/	Educates the aging and caregivers regarding helpful benefits and services. Links to community living resources for older adults, people with disabilities, caregivers, and families. Lists resources by state.
Assisted Living Directory www.assisted-living-directory.com/	Directory of assisted living facilities across US. Site also includes information and content with respect to senior or assisted living.
Caregiver Action Network www.caregiveraction.org/	Provides education, peer support, and resources to family caregivers free of charge.
Caregiving Resource Center: AARP www.aarp.org/home-family/caregiving	Provides articles and expert advice for caregivers. Gives caregivers a platform to share experiences and locate support groups.
Caring Connections www.caringinfo.org	A program of the National Hospice and Palliative Care Organization (NHPCO). A national consumer and community engagement initiative to improve end of life care.
Daughterhood Circles https://daughterhood.org/	Hosts monthly meet-ups in most states for daughters who are caregivers. Website includes podcasts, a blog, and recommended reading.
Eldercare Locator www.eldercare.acl.gov/Public/Index.aspx	Connects older adults and their families with local resources. Provides online chat and articles regarding federal and state benefits and long-term and advanced care.
Elderweb www.elderweb.com	Comprehensive directory of eldercare resources grouped by category.
Family Caregiver Alliance www.caregiver.org	Free videos, classes, events, training, state-by-state resources, online caregiver support group, and information on in-home caregiving, caregiving and illness, long-distance caregiving, and death.
Find a Nursing Home: Medicare.gov Centers for Medicare & Medicaid Services www.medicare.gov/nursinghomecompare/search.htm	Searchable database where consumers can compare information on nursing homes.
Home Care Association of America (HCAOA) www.hcaoa.org	National organization of home care agencies that provide primarily custodial or non-medical care. Members are searchable by state. (Formally National Private Duty Association NPDA)





<p>Information for Senior Citizens United States Housing and Urban Development (HUD) www.hud.gov/topics/information_for_senior_citizens</p>	<p>Resources for aging in place at home, finding an apartment, financial assistance resources, protection from housing discrimination, and reverse mortgage.</p>
<p>Internal Revenue Service www.irs.gov/faqs/irs-procedures/for-caregivers</p>	<p>Answers common tax questions for caregivers of aging parents.</p>
<p>Meals on Wheels America www.mealsonwheelsamerica.org</p>	<p>Supports 5,000 community-based senior nutrition programs. Delivers nutritious meals, safety checks, and friendly visits that enable seniors to live independently longer.</p>
<p>Medicare www.medicare.gov/</p>	<p>Official U.S government site for Medicare. Find doctors and medical facilities, compare drug and health plans, and understand coverage and benefits. Articles on topics ranging from smoking cessation to prostate cancer screening.</p>
<p>National Aging in Place Council www.ageinplace.org</p>	<p>Practical advice and service providers on issues related to aging. Local chapters and events. Can search by ZIP code and topic.</p>
<p>National Association of Area Agencies on Aging www.n4a.org</p>	<p>Search by city, state, and ZIP code for services and resources for aging adults and caregivers.</p>
<p>National Family Caregivers Association www.thefamilycaregiver.org/</p>	<p>Educates, supports, empowers and advocates for the more than 50 million Americans who care for aging loved ones or those with chronic illness or disability.</p>
<p>National Institute on Aging www.nia.nih.gov/</p>	<p>News, events, research, funding, and health information regarding health concerns.</p>
<p>National Institutes of Health – Health Topics https://www.nia.nih.gov/health/topics</p>	<p>Alphabetized topics on senior health topics including risks and treatment options along with videos and links for further reading.</p>
<p>New York State Office of the Aging (NYSOFA) https://aging.ny.gov/</p>	<p>Home and community-based programs to support older adults enabling them to age in their own community and avoid higher levels of care. Network of 59 area agencies on aging.</p>
<p>National Center for Assisted Living (NCAL) www.ahcancal.org/ncal/about/assistedliving/Pages/default.aspx</p>	<p>Articles on paying for assisted living, types of assisted living, and finding assisted living by state.</p>
<p>Program of All-Inclusive Care for Elderly (PACE) Centers for Medicare & Medicaid Services www.cms.gov/medicaid-chip/medicare-coordination/qualified-beneficiary-program/program-all-inclusive-care-elderly-pace</p>	<p>Assists seniors in meeting healthcare needs at home. Provides information on PACE service areas, PACE under Medicaid, and applying for PACE.</p>
<p>Resources for Aging Adults and Their Families www.loc.gov/nls/resources/general-resources-on-disabilities/resources-senior-citizens-families/</p>	<p>Comprehensive list of eldercare and caregiving resources.</p>

