



ALZHEIMER'S DISEASE

10 WARNING SIGNS



01. Trouble Remembering Life Events

A common sign is memory loss that interferes with daily life and asking the same question repeatedly.

Trouble making plans or keeping track of things is typical for Alzheimer's patients.

02. Trouble Problem Solving



03. Difficulty With Familiar Tasks

Following signature recipes or finding to long time hangouts can seem overwhelming for someone developing Alzheimer's.

Losing track of dates, times, and even seasons is not uncommon. Sufferers are also known to wander off and get lost.

04. Confusion With Time or Place



05. Difficulty With Vision

Experiencing trouble with vision leading to difficulty with reading, balance, and spatial relationships making driving a new challenge.

Conversations become difficult due to an inability to follow or participate or actually losing vocabulary or using the wrong words.

06. Inability to Find the Right Words



07. Misplacing Things and Difficulty Retracing Steps

Putting things in odd places and not remembering where they are coupled with an inability to think through steps for retrieval are too typical behaviors.

Failing judgement is especially concerning when they begin to lose their ability to make sound financial decisions or perform personal care.

08. Diminished or Poor Judgement



09. Withdrawal from Social or Work Situations

Sadly, the loss of conversational skills often leads to withdrawing from social and professional situations leaving them at greater risk for depression.

Personality changes can be sudden and disconcerting with excitability and irritability often occurring when they feel insecure.

10. Mood and Personality Changes



Source: Alzheimer's Association

